

## Laboratory Services Important Test Announcement

## PHENYLALANINE/TYROSINE, PLASMA AND PHENYLALANINE/TYROSINE, DRIED BLOOD SPOT

Effective 5/27/2025, we will begin offering Phenylalanine/Tyrosine, Plasma (PATYP) and Phenylalanine/Tyrosine, Dried Blood Spot (PATYDB). These tests (PATYP and PATYDB) will replace the current Phenylalanine/Tyrosine (PATY) assay. Updated reference ranges are shown below. Please note the reporting units for Phenylalanine are changing from mg/dL to µmol/L. Due to the change in units, the alert range for Phenylalanine in the Phenylalanine/Tyrosine, Dried Blood Spot (PATYDB) will also be updated from ≥20 mg/dL to >1200 µmol/L.

Test Code(s): PATYP Live Date: 5/27/2025

- Methodology: Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)
- Performed: Monday, Wednesday, Friday; Dayshift
- Turnaround Time: 4 days
- Specimen Required:
  - Collect: Green tube (Lithium heparin), No Gel
  - Specimen Volume: 3 mL (1 mL minimum)
  - Specimen Preparation: Collect after a 3-4 hour fast.
  - <u>Storage/Transport/Temperature/Conditions</u>: Place on ice immediately after collection and transport to the lab immediately after collection.
  - <u>Unacceptable Conditions</u>: Collected in a tube with gel separator, patient on TPN therapy, not received at proper temperature.
  - Stability: 1 hour refrigerated.

Test Code(s): PATYDB Live Date: 5/27/2025

- Methodology: Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)
- · Performed: Monday, Wednesday, Friday; Dayshift
- Turnaround Time: 4 days
- Specimen Required:
- Collect : Blood Spot Paper Card
- Specimen Volume: 2-3 filled blood card spots
- Specimen Preparation: Collect after a 3-4 hour fast and allow for blood spots to dry for 3 hours.
- <u>Storage/Transport/Temperature/Conditions</u>: Transport the sample to the lab as soon as possible at room temperature.
- Unacceptable Conditions: Inadequate filling of circles on filter paper card, expired blood spot card.
- Stability: Transport to the lab within 14 days.

(Old) Phenylalanine/Tyrosine (PATY)				
	0 day - 30 days	1 Month - 15 Years	>15 Years	Units
Phenylalanine	0.7 - 3.0			mg/dL
Tyrosine	21 - 87	29 - 86	21 - 87	μmol/L

(New) Phenylalanine/Tyrosine, Plasma (PATYP)				
	0 Day-30 Days	1 month - 12 month	>12 month	Units
Phenylalanine	30 - 96	30 - 90	30 - 82	μmol/L
Tyrosine	30 - 140	30 - 130	35 - 110	μmol/L

(New) Phenylalanine/Tyrosine, Dried Blood Spot (PATYDB)				
	0 Day-30 Days	1 month - 12 month	>12 month	Units
Phenylalanine	26 - 78			μmol/L
Tyrosine	35 - 145		μmol/L	

## MSUD MONITOR, DRIED BLOOD SPOT

Effective 5/27/2025, we will begin offering MSUD Monitor, Dried Blood Spot (MSUDDB), which will include Alloisoleucine, Isoleucine, Leucine, and Valine.

Test Code(s): MSUDDB Live Date: 5/27/2025

- Methodology: Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)
- Performed: Monday, Wednesday, Friday; Dayshift
- Turnaround Time: 4 days
- Specimen Required:
  - Collect : Blood Spot Paper Card
  - Specimen Volume: 2-3 filled blood card spots
  - Specimen Preparation: Allow to dry for 3 hours.
  - Storage/Transport/Temperature/Conditions: Transport the sample lab within 14 days at room temperature.
  - <u>Unacceptable Conditions</u>: Inadequate filling of circles on filter paper card, expired blood spot cards.
  - Stability: Transport to the lab within 14 days.
  - <u>Comments:</u> MSUD Monitor, Dried Blood Spot will have a reference range specific to this sample type. The new reference ranges are compared to the those in the Plasma Amino Acids by LC-MS/MS below.

MSUD MONITOR, DRIED BLOOD SPOT (MSUDDB)				
Test Name	Age Range	Reference Range	Units	
Allo-isoleucine (Dried Blood Spot)	All ages	<5	μmol/L	
Isoleucine (Dried Blood Spot)	All ages	24-114	μmol/L	
Leucine (Dried Blood Spot)	All ages	43-205	μmol/L	
Valine (Dried Blood Spot)	All ages	80-348	μmol/L	

Plasma Amino Acids (MSAAP)				
Test Name	Age Range	Reference Range	Units	
Allo-Isoleucine (Plasma)	All ages	0-5	μmol/L	
Isolausina (Plasma)	0D - 30D	20-110	μmol/L	
Isoleucine (Plasma)	≥31D	30-120		
Leucine (Plasma)	0D - 365D	50-180	umol/l	
Leucine (Flasilia)	≥366D	60-180	μmol/L	
	0D - 30D	80-270		
Valine (Plasma)	31D - 365D	90-310	μmol/L	
	≥366D	120-320		